



ASSURED HEALTH HOME CARE, INC

"Where Your Care is Assured"

Wednesday, March 25, 2020

Dear Valued Client,

Due to the Coronavirus (COVID-19) pandemic, our community is faced with a devastating situation. **Assured Health Home Care** is taking the necessary precaution. We would like to ensure you and your family are safe during this pandemic.

PRECAUTIONS: Here are some precautions to take:

- 1) Wash your hands **FREQUENTLY** with soap and water for **AT LEAST 20 SECONDS**.
- 2) Avoid touching your eyes, nose and mouth
- 3) Clean and disinfect frequently touched objects and surfaces
- 4) Cover your cough or sneeze with a tissue. Throw the tissue in the trash after using it.
- 5) If you suspect you are sick with COVID-19, call your healthcare provider immediately to ensure that they take the necessary precautions, in order not to spread infection.

SYMPTOMS of COVID-19 include: 1) high fever, 2) shortness of breath, and 3) cough.

AVOID DISEASE TRANSMISSION: To avoid the risk for transmission, it is important that your loved ones stay home until the CDC gives the clear to resume outdoor activities. Avoid visitors from coming into your home if at all possible. If your loved one becomes sick with any cough or sore throat-like symptoms, we may have to pause services until we receive a doctor's note stating that your loved one does not have COVID-19, so that services can resume. **If a caregiver is sick with the same symptoms, he/she will be mandated to stay home until we obtain a doctor's note clearing him/her to go back to work. We may not be able to send a back-up caregiver, as we want to limit the number of people coming into your home. In lieu of all this, we advise that you have a back-up plan in place for your loved one, in case this pandemic takes a turn for the worse.**

For more information about how to protect yourself and your family please visit the CDC website at:

<https://www.cdc.gov/coronavirus/2019-ncov/protect/prepare.html>

Stay safe.

Management

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